WHAT IS CLAIMED IS:

1. An activating headrest comprising:

a headrest;

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a detecting link integrally linked to said headrest and pivotally mounted to a seat frame so as to be pivoted when pressed by a back of an occupant;

a return spring installed between said detecting link and said seat frame; and stopper means installed between said seat frame and said detecting link for fixing the state of said headrest which has been shifted in a forward and upward position.

2. The activating headrest as defined in claim 1, wherein said detecting link comprises:

a headrest supporting pipe into which a headrest rod, protruding out at said headrest, is inserted;

a horizontal rod for being fixed with the lower end of said headrest supporting pipe;

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a pivot arm installed at both ends of said horizontal rod; a detecting rod protruded underneath said horizontal rod; and a detecting plate installed at said detecting rod.

- 3. The activating headrest as defined in claim 2, wherein a supporting bracket integrally fixed to said seat frame for supporting said pivot arm via a hinge is further installed between said pivot arm and said seat frame.
- 4. The activating headrest as defined in claim 2, wherein said detecting rod has a plurality of fixing holes at a constant interval;

said detecting plate is integrally mounted with an insertion pipe for allowing said detecting rod to be inserted therein;

said insertion pipe has a location determining hole and a welding nut; and said welding nut is fastened with a fixing bolt for fixing the location of said detecting plate in relation to said detecting rod.

5. The activating headrest as defined in claim 1, wherein said stopper means comprises:

a slider of which a sliding surface contacts with said detecting link to one pivoting direction of said detecting link being pivoted by the occupant's back, and which prevents said detecting link from pivoting to a direction opposite a pivoting direction;

a linear guide fixed to said seat frame for guiding a linear movement of said slider to a direction vertical to the pivoting range plane of said detecting link; and a slider spring for resiliently supporting said slider.

- 10 6. The activating headrest as defined in claim 5, wherein one end of a releasing cable further couples to said slider for pulling said slider in a direction opposite to where said slider spring is resiliently supported.
 - 7. An activating headrest comprising:
 - a vehicle seat;

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- a headrest pivotally coupled to said vehicle seat; and
- a detecting link coupled to said headrest and configured and dimensioned to pivot said headrest with respect to said vehicle seat in response to a vehicle accident.
- 20 8. The headrest of claim 7, wherein said detecting link is activated by a passenger received by said vehicle seat.
 - 9. The headrest of claim 7, wherein said headrest remains pivoted once activated until said headrest is reset.
 - 10. The headrest of claim 7, further comprising a slider configured and dimensioned to lock said headrest in a pivoted position following said headrest becoming pivoted.
- The headrest of claim 10, further comprising a release cable coupled with said

slider for resetting said headrest following said headrest becoming pivoted.